

The Woman Band Director - It's Complicated

Suggestions

By Jeri Webb

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SCSBOA Presentation

If you have been in a situation where you wondered “Is it just me or is this a question of gender?” this session is for you. Knowledge is power!

Jeri will be sharing gender data, examples of struggles and ways to address and improve parity.

Information from Brene Brown (research professor) and Sheryl Sandberg (Facebook CEO) will be discussed. The struggle is real “Why we don’t talk about our struggles” “It is important to acknowledge there are differences between men and women” “Stereotypes and how to address them”

Recommendations

Reading

Lean In by Sheryl Sandberg

How Women Rise by Sally Helgesen and Marshall Goldsmith

I Thought It Was Just Me (but it isn't) by Brene Brown

Join Support Systems

FB - Women Rising to the Podium

FB - Women Band Directors International

[WBDI](#) (Women Band Directors International)

Action Steps

- Attend open training sessions (festival, field, parade if applicable)
- Partner with friend/musician for support
- Share your successes
- Share your frustrations
- Join the SCSBOA mentor program

Contact

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